



How

- whole-part-whole
- Demonstrations- say as do
- *proper technique*
- *ALWAYS show court application*
- *practice & rehearsal*
- *MAXIMUM USE of equipment available*
- *Put it into a court-like situation game*



What

- 1) Basic structure Warm up – activity – skills – game – Cool down
- 2) NSW PDHPE Syllabus Fundamental Movement Skills
- 3) Basics
- 4) Age appropriate skills and strategy



Why “thinking while moving”

- 1) ALWAYS show court application
- 2) Activities and Games and not always drills
- 3) Learning derived from questioning the players and transferring to game-like situations
- 4) Benefits: Fun, Game Transference

MAX ACTIVITY **NO ELIMINATION** MAX PARTICIPATION

Tip: Maximise use of space (oxymoron)



Safety

- ⚠ Working with Children Check
- ⚠ Two adults in the presence of players at training
- ⚠ Environmental conditions
- ⚠ Hydration
- ⚠ Landings *Netball Australia Knee Program*
- ⚠ Equipment conditions & use



Role of Coach

- ensure safety of players in ALL respects at ALL times
- develop grass-roots netballers
- foster their enjoyment & development in the sport
- coach strong, clean, age-appropriate fundamental skills
- choose training day
- plan training sessions
- run training sessions
- plan Saturday positions / combinations and schedule subs
- be responsible for game day kit bag and ball
- organise training games & holiday trainings/games
- research relevant content & seek support when necessary
- submit end of season evaluation form



Role of Assistant Coach

- ensure safety of players in ALL respects at ALL times
- develop grass-roots netballers
- foster their enjoyment & development in the sport
- coach strong, clean, age-appropriate fundamental skills
- maintain & supply gear training day & w/up gear Saturdays
- run warm ups, assist with the running of training
- be a sounding board to Coach on Saturdays
- take statistics and/or score on game day
- take on role if Coach is unable to be at training or game
- liaise with Physio with any injured players



Manager Responsibilities

- right-hand, consistent support
- getting (and maintaining) buy-in from team parents
- handle all monies (umpiring / training facility)
- trouble shoot
- organise car pooling, canteen duty, rosters
- keep score



Manager Responsibilities

DELEGATE or PERFORM Self!

- 1) Red Protective Pole Padding
- 2) If your team appears first on the IDNA draw
- 3) Scoring
- 4) Timer
- 5) Winning Team
- 6) Score Sheet **MUST** be filled out in every space!



Borrowing

- Teams need to read information regarding their age group – found on the IDNA website
IDNA competitions – Outdoor – Rules of Competition – Section C Competition
- Contact your Age Coordinator to be put in touch with relevant coaches & complete the Club's log
- Players can only play for a team 3 times before a decision has to be made if they stay in their original team or move up.
- CADET & SENIOR TEAMS: PLEASE NOTE
Players in a team playing Cadet A may only be borrowed by teams playing Premier League or Senior A1 to A4 grade (d) Players in a team playing Cadet B and Cadet C may be borrowed by teams playing any senior grade



Duties

CANTEEN: All Clubs take turns with duties

- NetSetGo!, Junior & Intermediate teams will be given a canteen duty
- When allocated canteen duty:
 - A tag-team is suggested so a few team representatives share the hour & can watch most of game
 - All team representatives must be at least fifteen (15) years of age in canteen
 - Teams may also be allocated duties for carnival and representative days
 - Kimberley will get in touch with Managers



Umpiring

NetSetGo! Junior & Intermediate teams pay umpires

Our Club needs umpires (paid position)

Senior teams:

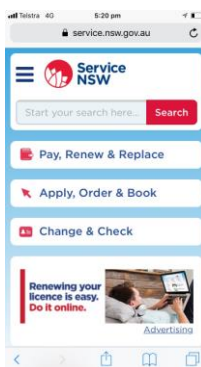
- Umpiring each week
 - 2 people required to sign on EVERYWEEK
 - Must complete online Umpires course
 - No shows will result in a \$\$\$ fine and loss of 2 points

Payments per team:

NetSetGo! - \$8
Junior - \$10
Inters - \$15
Seniors - \$20

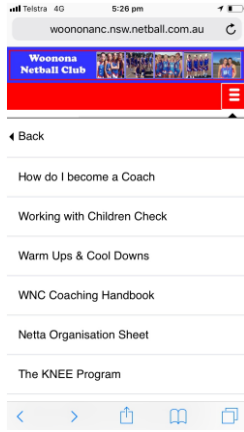


Working With Children Check





Resources



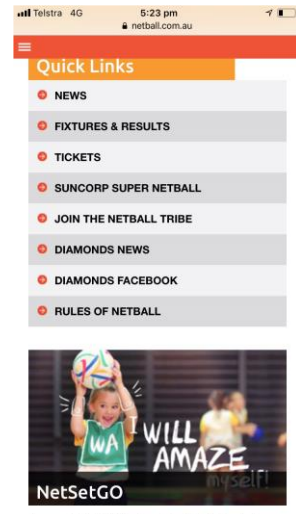
Resources





Where to now?

- Manager Pathway
- Foundation Coach Course
- Development Coach Course
- Foundation Umpire Course





Club Support

President

Secretary

Coaching Coordinator

Age Coordinator

Coaching Team & Peer Coaching
Teams